



Moonlight Mammograms:

An exclusive event for St. Vrain Valley School District members

Kaiser Permanente is offering special mammography access at our Longmont Medical Office Building **just for St. Vrain Valley School District employees who are Kaiser Permanente members.**

Not sure if you're due for a mammogram?

Mammograms are recommended every 1-2 years for women aged 50-74 or 40+ with increased risk. If you haven't had a mammogram in the last year, plan to join us for this event!



Get up to date on all your screenings!

Visit kp.org/healthcarereminders/co to see what's due and take action!



Take time out to take care of YOU!

Date: November 6 and 8
Time: 3:30-6:30pm

Sign Up by October 25:

[Click here to schedule your appointment online, through our secure, dedicated link.](#)

Screenings help find problems early on, when they may be easier to treat.

Getting recommended screenings is one of the most important things you can do for your health!